## **Individual Development Plans (IDP): Radar Plot**

(Modified from Dr. Heather E. Cannavan, Univ. of NM, 2014)

The following was developed based on a typical Ph.D. students' development by graduation. This is meant as an example and guidance. You are encouraged to modify it to fit your needs and goals.

Complete the Radar Plot based on the broader skillsets you aim to develop. Establish a clear set of criteria to assess progress. Create a new plot within pre-established increments (e.g., annually, each semester) to effectively evaluation progress towards your goals / skillset development.

FIRST, develop your areas for skill development and the associated criteria for evaluation.

## Suggested Pie Wedges and associated criteria for evaluation

- 1. Oral presentation skills
  - a. Novice
    - i. Contribute to presentations
    - ii. Poster presentation
  - b. Intermediate
    - i. Quals
    - ii. Short Talks
  - c. Advanced
    - i. Comps
    - ii. Long at minimum, 30 minutes talk
  - d. Expert
    - i. Present long talk on a different topic than research such as a classroom lecture or science on tap

## 2. Written skills

- a. Novice
  - i. Write a novice NSF GRFP
  - ii. Write abstract
- b. Intermediate
  - i. Make a poster
  - ii. Write a paper/patent
- c. Advanced
  - i. Write paper/patents x 3
  - ii. Write thesis/dissertation
- d. Expert
  - i. Apply for NIH training grant(s)

## 3. Safety

- a. Novice
  - i. MSDS
  - ii. Online training modules (basics)
- b. Intermediate
  - i. Hazardous waste training
  - ii. Grey Zone training
- c. Advanced
  - i. Equipment training
  - ii. Specialized Safety Training

## d. Expert

- i. Mentor undergraduate or other graduate students
- ii. Do a presentation on one topic in safety

## 4. Career and other Soft Skills

#### a. Novice

- i. Make a resume/CV
- ii. Participate in group activities
- iii. Accept responsibility for mistakes
- iv. Active listening skills
- v. Support of colleagues through participation of their recognition

#### b. Intermediate

- i. Update resume x4+ (specialized resumes)
- ii. Attend job fair
- iii. Go to career services
- iv. Appropriate handling of conflict when necessary
- v. Thoughtfully answer and defend your viewpoint in conflict

## c. Advanced

- i. Nominate group members for award/ write recommendation letter
- ii. Attend job fair x4+
- iii. Mentor undergraduates & new students
- iv. Appropriate response to critique of work/behavior

## d. Expert

- i. Mock interviews
- ii. Design your own experiments
- iii. Get a job!

## 5. Laboratory skills

#### a. Novice

- i. Technical equipment/skills training
- ii. Write protocol for technical equipment/procedure
- iii. Goniometer training
- iv. Prepare XPS samples
- v. Run plasma reactor

#### b. Intermediate

- i. Train group in equipment/skills
- ii. Attend AVS short course
- iii. Write Materials and Methods for first paper

#### c. Advanced

- i. Analyze Date gained from tests
- ii. Fix technical equipment

## d. Expert

- i. Run Technical equipment alone
- ii. Write chapter 2 of dissertation/thesis
- iii. Propose and defend a new set of experiments based on your research successfully

## 6. Engineering Skills

### a. Novice

- i. Learn basics of MatLab
- ii. Learn basics of Autocad/Makerbot
- iii. 3D print minion

## b. Intermediate

i. 3D print your own design

## c. Advanced

i. File design patent

## d. Expert

- i. Make a prototype
- ii. Design future iteration of prototype

## 7. Supportive STEM Skills (e.g., Biology Skills)

#### a. Novice

- i. Write protocol for each cell type you're working with
- ii. Passage 1 cell line to 15 without contamination
- iii. Grow bacteria into isolated colonies

## b. Intermediate

- i. Freeze/bring up cells
- ii. Work with multiple cell types
- iii. Perform a pop off experiment

## c. Advanced

- i. Do confocal microscopy
- ii. Do large bacterial cultures without contamination
- iii. Work with multiple cell types at the same time without contamination

## d. Expert

- i. Train an undergraduate
- ii. Perform assays such as XTT, live/dead

## 8. Ethics

## a. Novice

- i. Grey Zone training
- ii. Intro Bias Training
- iii. Inclusivity Training

## b. Intermediate

- i. Discuss case study
- ii. Research Practices/Ethics class
- iii. Unlearning bias training

#### c. Advanced

- i. Present on topic of choice in ethics
- ii. Attend ethics seminars(s)

## d. Expert

i. Negotiate Authorship

## 9. Skill of your choice as appropriate for your field

## a. Novice

i. [fill in the blank for assessment]

## b. Intermediate

i. [fill in the blank for assessment]

#### c. Advanced

i. [fill in the blank for assessment]

#### d. Expert

i. [fill in the blank for assessment]

# **SECTOND,** develop the VISUAL REPRESENTATION OF YOUR SKILLS as they currently stand.

Using the blank pie chart on the following page, create a visual representation of your current skills that you assessed in the previous pages. Each pie wedge should be a set of skills (e.g., one wedge is for oral presentation skills, another for ethics skills, etc.). The concentric circles represent which skill level you've reached: novice, intermediate, advanced, or expert. An example is provide on the final page of this document.

Over time in your program / academic or career journey, you should see your skill set improve, and the circles will become more filled in. **Keep in mind** that you don't have to achieve 100% expertise in all things prior to graduating / the end timeframe that is appropriate for your goal / degree / training. Instead, you should **be looking to improve your skills** as you go through your journey.





